

## PRESS RELEASE



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### *Commonwealth Healthcare Corporation*

Commonwealth of the Northern Mariana Islands  
1 Lower Navy Hill Road, Navy Hill, Saipan, MP 96950



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### FOR IMMEDIATE RELEASE

#### Tinian Health Center Continues to Improve Operations

In November of 2019, the Tinian Health Center (THC) as part of the Commonwealth Healthcare Corporation, began improving its primary care services.

Primary care gives community members better access to healthcare professionals who can help maintain optimal health through regular health checks, health education, and appropriate support for ongoing care. In January of this year, the THC welcomed three new general practitioners, Nancy Osakwae, NP; Pamela White, NP; and Edward White, NP, bringing about a long-desired stability to our medical staffing. The THC Primary Care Providers (PCPs) deliver a broad range of services, including diagnosis and treatment of a health condition, and support in managing long-term healthcare, including chronic conditions like chronic obstructive pulmonary disease (COPD), hypertension, and diabetes.

Use of an appointment system has significantly improved patient flow and promoted a more thorough health evaluation and management. Having a Primary Care Provider ensures continuity of care, effective health maintenance, better communication, and overall increased satisfaction with the services received. As the general health of the population is adequately managed, the unnecessary emergency room visits are prevented.

#### Laboratory Services

To further support primary care, the Tinian Health Center has also expanded its laboratory capacity to reduce the waiting time for the results, thereby empowering PCP decision-making.

THC Lab can now perform a variety of lab tests to assess patients':

- cholesterol level
- kidney and liver function
- blood clotting time
- average blood sugar in the past 3 months

Effective on June 22, 2020, THC Lab will be available Monday-Friday from 7:30AM-11:30AM and 12:30PM-4:30PM.

For general inquiries about services the Tinian Health Center offers or make an appointment, please call (670) 433-9233/ 433-9263. For more information about CHCC programs, please follow us on Facebook, Instagram, and Twitter at @cnmichcc, check out our website at [www.chcc.gov.mp](http://www.chcc.gov.mp) or call us at (670) 234-8950.

This press release may be found online at <http://www.chcc.gov.mp/pressrelease.html>